



Veterans Time Trials Association
London & Home Counties Group
(Preference to VTТА members)

RESULTS

10 Mile Open Time Trial

Date: Sunday 7th May 2023
Course: F11/10

For and on behalf of Cycling Time Trials under their Rules & Regulations

Veterans Time Trials Association

London & Home Counties

10 Mile Open Time Trial - Sunday 7th May 2023

Top 3 Male Riders on Standard/Age Adjusted Time

| Men Rank | # | Rider | Club | Group | Actual Time | Standard +/- | Age Adjusted Time |
|----------|-----|---------------|------------------|-------|-------------|--------------|-------------------|
| 1 | 149 | Richard Oakes | Team Ohten Aveas | N&EM | 18:12 | +9:00 | 17:06 |
| 2 | 134 | Tim Hood | Team Bottrill | MIDS | 19:52 | +8:14 | 17:52 |
| 3 | 106 | Mike Twelves | Team Ohten Aveas | N&EM | 19:36 | +8:08 | 17:58 |

These riders receive VTTA Gold-Silver-Bronze Medals

1st Man receives an invitation to the LH&C Annual Luncheon and Prize Presentation

Fastest Man

| # | Rider | Club | Group | Actual Time |
|-----|---------------|------------------|-------|-------------|
| 149 | Richard Oakes | Team Ohten Aveas | N&EM | 18:12 |

Richard Oakes receives a VTTA Gold Medal as Fastest Man on Actual Time

Top 3 Female Riders on Standard/Age Adjusted Time

| Women Rank | # | Rider | Club | Group | Actual Time | Standard +/- | Age Adjusted Time |
|------------|----|----------------|--------------------|-------|-------------|--------------|-------------------|
| 1 | 48 | Linda Dewhurst | Team Milton Keynes | LHC | 23:21 | +7:45 | 18:21 |
| 2= | 51 | Lisa Davis | DRAG2ZERO | S/S | 22:22 | +6:50 | 19:16 |
| 2= | 52 | Claire Emons | ...a3crg | WSX | 22:58 | +6:50 | 19:16 |

These riders receive VTTA Gold-Silver-Silver Medals

1st Woman receives an invitation to the LH&C Annual Luncheon and Prize Presentation

Linda Dewhurst also wins the Don Byham Trophy which is awarded to the second best on standard (yes the second best not the best) in the London & Home Counties Group.

Fastest Women

| Women Rank | # | Rider | Club | Group | Actual Time |
|------------|----|------------|-----------|-------|-------------|
| 1 | 51 | Lisa Davis | DRAG2ZERO | S/S | 22:22 |

Lisa Davis receives a VTTA Gold Medal as Fastest Woman on Actual Time

(AA = Age Adjustment; AAT = Age Adjusted Time)

Club Team Rankings on Standard/Age Adjusted Time

| Club Team Rank | # | Rider | Club | Std | +/- | Actual | AA | AAT |
|----------------|-----|---------------|------------------|-------|-------|--------|------|-------|
| 1 | 149 | Richard Oakes | Team Ohten Aveas | 27:12 | +9:00 | 18:12 | 1:06 | 17:06 |
| | 106 | Mike Twelves | Team Ohten Aveas | 27:44 | +8:08 | 19:36 | 1:38 | 17:58 |
| | 147 | Joel Stewart | Team Ohten Aveas | 26:47 | +7:47 | 18:54 | 0:35 | 18:19 |
| | | | | | 24:55 | 56::42 | | 53:23 |

VTTA Golds-Medals (each) for Club Team of three BOS/VHT

Tandem on Vets Standard Times

Tandem results still work best on Standard Plus/Minus Times, for the time being, because of the multiplier.

| Rank | # | Rider | Club | Grp | Std | Std +/- | Actual Time | AA | AAT |
|------|-----|------------------|------------------------|-----|-------|---------|-------------|------|-------|
| 1 | 156 | Rachael Elliott | Newbury Velo | LHC | 27:18 | +8.32 | 18:46 | 2:11 | 16:35 |
| | | Ian Greenstreet | Newbury Velo | LHC | | | | | |
| 2 | 154 | Richard May | Islington Cycling Club | LHC | 26:17 | +5.29 | 20:48 | 1:13 | 19:35 |
| | | David Shannon | Islington Cycling Club | LHC | | | | | |
| 3 | 152 | Joanne York | Maldon & District CC | | 27:16 | +4.30 | 22:46 | 2:12 | 20:34 |
| | | Christopher York | Maldon & District CC | | | | | | |

Rachael Elliott and Ian Greenstreet will receive VTTA Gold Medals as Tandem BOS and also as Fastest Tandem on Actual time



ORGANISER

Joy Payne

TIMEKEEPERS

| | |
|--------|---------------|
| Start | Gordon Hart |
| Finish | Annette Lacey |

HELPERS

| | |
|-----------------------|--------------------------|
| Pusher off | John Payne |
| Pusher off | David Marshall |
| Lights Monitor | Paul Marchant |
| Signs up/down | John & Joy Payne |
| Signing on/off | Derek Reynolds |
| Catering on the day | Therese Hoskins |
| Cakes | Claire Emons & Joy Payne |
| Results | John Hoskins |
| Marshal Tring RAB | David Guy |
| Marshal Tring RAB | Stephanie Cousins |
| Marshal Tring RAB | Ros Young |
| Marshal Tring RAB | Helen Roby |
| Marshal Aylesbury RAB | John Orridge |
| Marshal Aylesbury RAB | Audrey Hughes |
| Marshal Aylesbury RAB | John Bridgeman |
| Results | John Hoskins |
| Number spotter | Steph Cousins |

Thanks must go to all the helpers, without whom the event could not take place.

Thanks also to Rachael Elliott for the loan of a projector, Claire Emons for the scrumptious cake and to Brett Davis for developing the Resultsheet app and for providing on-site assistance. It made recording the results so much easier than in the past and gave riders access to live results.

MEN Ranked by Age Adjusted Time (same order as BOS – Best On Standard)

| | Bib | Name | Club | Grp | Std | +/- | Time | AA | AAT |
|-----|-----|-------------------------|------------------------------------|------|-------|-------|-------|------|-------|
| 1 | 149 | Richard Oakes | Team Ohten Aveas | N&EM | 27:12 | +9:00 | 18:12 | 1:06 | 17:06 |
| 2 | 134 | Tim Hood | Team Bottrill | MIDS | 28:06 | +8:14 | 19:52 | 2:00 | 17:52 |
| 3 | 106 | Mike Twelves | Team Ohten Aveas | N&EM | 27:44 | +8:08 | 19:36 | 1:38 | 17:58 |
| 4 | 147 | Joel Stewart | Team Ohten Aveas | LHC | 26:41 | +7:47 | 18:54 | 0:35 | 18:19 |
| 5 | 101 | Richard Gifford | trainSharp | LHC | 27:51 | +7:41 | 20:10 | 1:45 | 18:25 |
| 6 | 67 | Steven Cottington | Bath Cycling Club | WEST | 27:58 | +7:26 | 20:32 | 1:52 | 18:40 |
| 7 | 141 | Nick Dwyer | DRAG2ZERO | S/S | 27:44 | +7:21 | 20:23 | 1:38 | 18:45 |
| 8 | 135 | Mark Greenwood | Lungs 2 Legs | | 26:41 | +7:19 | 19:22 | 0:35 | 18:47 |
| 9 | 140 | Jason Bateman | VTTA North Lancs and Lakes Group | NL&L | 26:56 | +7:15 | 19:41 | 0:50 | 18:51 |
| 10= | 83 | Myles Davidson | Bigfoot CC | LHC | 26:56 | +7:11 | 19:45 | 0:50 | 18:55 |
| 10= | 138 | Brett Davis | DRAG2ZERO | S/S | 26:51 | +7:11 | 19:40 | 0:45 | 18:55 |
| 12= | 105 | Eddie Humphreys | Nottingham Clarion CC | N&EM | 27:44 | +7:05 | 20:39 | 1:38 | 19:01 |
| 12= | 93 | Simon Law | Team Enable - M.I. Racing - McCann | MIDS | 27:37 | +7:05 | 20:32 | 1:31 | 19:01 |
| 14 | 120 | Peter Younghusband | Petersfield Triathlon Club | WESX | 27:37 | +7:02 | 20:35 | 1:31 | 19:04 |
| 15 | 124 | Robert West | Team Ohten Aveas | LHC | 26:41 | +7:00 | 19:41 | 0:35 | 19:06 |
| 16 | 133 | Graham Winstone | ZeroBC Race Team | LHC | 26:51 | +6:58 | 19:53 | 0:45 | 19:08 |
| 17 | 75 | David Glossy | Elysium Kalas Race Team | LHC | 26:51 | +6:50 | 20:1 | 0:45 | 19:16 |
| 18 | 31 | Chris Dyason | Cambridge CC | EA | 30:20 | +6:49 | 23:31 | 4:14 | 19:17 |
| 19 | 122 | Simon Adcook | Team Echelon | MIDS | 26:41 | +6:48 | 19:53 | 0:35 | 19:18 |
| 20 | 27 | Mark Vowells (Tricycle) | San Fairy Ann CC | KENT | 31:32 | +6:46 | 24:46 | 5:26 | 19:20 |
| 21 | 108 | Matthew Reader | Verulam CC | LHC | 27:07 | +6:45 | 20:22 | 1:01 | 19:21 |
| 22 | 114 | Mark Wise | Team Enable - M.I. Racing - McCann | MIDS | 27:37 | +6:42 | 20:55 | 1:31 | 19:24 |
| 23 | 4 | Colin McDermott | Festival Road Club | S/S | 27:18 | +6:39 | 20:39 | 1:12 | 19:27 |
| 24 | 90 | Richard Llewellyn | Imperial Racing Team | WESX | 26:46 | +6:34 | 20:12 | 0:40 | 19:32 |
| 25 | 60 | Kevin Wood | Sherwood CC | N&EM | 27:58 | +6:32 | 21:26 | 1:52 | 19:34 |
| 26 | 36 | Roger Porter | Verulam CC | LHC | 30:35 | +6:31 | 24:04 | 4:29 | 19:35 |
| 27 | 102 | Peter Cottington | Bath Cycling Club | LHC | 27:58 | +6:27 | 21:31 | 1:52 | 19:39 |
| 28= | 28 | Mick Stevens | Melton Olympic CC | N&EM | 29:54 | +6:26 | 23:28 | 3:48 | 19:40 |
| 28= | 136 | Matt Steel | Pronto Bikes | EA | 26:36 | +6:26 | 20:10 | 0:30 | 19:40 |
| 30 | 64 | Hans Nilsson | London Phoenix CC | LHC | 28:49 | +6:25 | 22:24 | 2:43 | 19:41 |
| 31 | 81 | Jez Willows | Sherwood CC | N&EM | 27:30 | +6:19 | 21:11 | 1:24 | 19:47 |
| 32 | 113 | Grant Orsborn | Bedfordshire Road RT | EA | 28:06 | +6:18 | 21:48 | 2:00 | 19:48 |
| 33 | 118 | Jonathan Mills-Keeling | Bridgnorth Cycling Club | MERS | 26:51 | +6:17 | 20:34 | 0:45 | 19:49 |

| | | | | | | | | | |
|-----|-----|-------------------|--------------------------------|------|-------|-------|-------|------|-------|
| 34 | 79 | Tim Radley | Gloucester City Cycling Club | WEST | 26:46 | +6:12 | 20:34 | 0:40 | 19:54 |
| 35 | 86 | Chris Ford | High Wycombe CC | LHC | 27:51 | +6:05 | 21:46 | 1:45 | 20:01 |
| 36 | 109 | Ian Short | Team Salesengine.co.uk | EA | 26:46 | +6:04 | 20:42 | 0:40 | 20:02 |
| 37 | 56 | Larry Wiltshire | Chichester City Riders | LHC | 26:46 | +6:03 | 20:43 | 0:40 | 20:03 |
| 38 | 115 | Adam Fisher | Cambridge CC | EA | 26:06 | +6:00 | 20:06 | 0:00 | 20:06 |
| 39 | 34 | Tim Butler | Gloucester City Cycling Club | WEST | 26:41 | +5:58 | 20:43 | 0:35 | 20:08 |
| 40 | 35 | Daniel Legg | North Hampshire RC | LHC | 27:01 | +5:57 | 21:04 | 0:55 | 20:09 |
| 41 | 99 | Ian Woodcock | Bedfordshire Road RT | LHC | 26:46 | +5:53 | 20:53 | 0:40 | 20:13 |
| 42 | 55 | John Lacey | Hemel Hempstead CC | LHC | 27:44 | +5:50 | 21:54 | 1:38 | 20:16 |
| 43 | 95 | Martin Fisher | Melton Olympic CC | N&EM | 26:19 | +5:49 | 20:30 | 0:13 | 20:17 |
| 44 | 158 | Oswin Grady | Bedfordshire Road RT | | 26:41 | +5:45 | 20:56 | 0:35 | 20:21 |
| 45 | 58 | Mark Halliday | North Bucks RC | LHC | 27:44 | +5:42 | 22:02 | 1:38 | 20:24 |
| 46 | 1 | Issy Zimmerman | Regents Park Rouleurs | LHC | 27:24 | +5:38 | 21:46 | 1:18 | 20:28 |
| 47= | 53 | Christian Geldard | North Hampshire RC | WESX | 26:41 | +5:32 | 21:9 | 0:35 | 20:34 |
| 47= | 82 | Simon Hall | Stourbridge CC | | 26:19 | +5:32 | 20:47 | 0:13 | 20:34 |
| 49 | 72 | James Wooldridge | Team Milton Keynes | LHC | 26:19 | +5:27 | 20:52 | 0:13 | 20:39 |
| 50 | 23 | Cliff Voller | VTTA West Group | WEST | 29:42 | +5:26 | 24:16 | 3:36 | 20:40 |
| 51 | 85 | Antony Bee | Wigmore CC | KENT | 27:44 | +5:24 | 22:20 | 1:38 | 20:42 |
| 52 | 130 | Martin Lines | Team Echelon | MIDS | 27:12 | +5:23 | 21:49 | 1:06 | 20:43 |
| 53= | 131 | Stu Carver | North Hampshire RC | WESX | 27:30 | +5:19 | 22:11 | 1:24 | 20:47 |
| 53= | 91 | Mike Logue | ZeroBC Race Team | LHC | 27:24 | +5:19 | 22:05 | 1:18 | 20:47 |
| 55 | 121 | Matt Donovan | Bedfordshire Road RT | EA | 26:06 | +5:18 | 20:48 | 0:00 | 20:48 |
| 56 | 73 | Michael Bennett | Bicester Millennium CC | LHC | 27:12 | +5:15 | 21:57 | 1:06 | 20:51 |
| 57 | 32 | Tom Cosgrove | VTTA (London & Home Counties) | LHC | 27:24 | +5:12 | 22:12 | 1:18 | 20:54 |
| 58 | 125 | Tim Baggs | Sherwood CC | N&EM | 27:07 | +5:09 | 21:58 | 1:01 | 20:57 |
| 59 | 87 | Paul Newman | Shorter Rochford RT | LHC | 27:01 | +5:07 | 21:54 | 0:55 | 20:59 |
| 60 | 129 | David Prom | San Fairy Ann CC | KENT | 27:07 | +5:06 | 22:01 | 1:01 | 21:0 |
| 61= | 42 | Simon Bowler | Berkhamsted Cycling Club | LHC | 27:51 | +4:52 | 22:59 | 1:45 | 21:14 |
| 61= | 66 | Ragnar Laan | Twickenham CC | LHC | 26:27 | +4:52 | 21:35 | 0:21 | 21:14 |
| 63 | 24 | Martin O'Sullivan | Teddington and Turing Velo | LHC | 26:41 | +4:47 | 21:54 | 0:35 | 21:19 |
| 64 | 92 | Dave May | Bicester Millennium CC | LHC | 26:46 | +4:42 | 22:04 | 0:40 | 21:24 |
| 65 | 19 | Kevin Humphreys | Sherwood CC | N&EM | 28:13 | +4:41 | 23:32 | 2:07 | 21:25 |
| 66 | 65 | James Harris | Catford CC Ltd | | 26:23 | +4:31 | 21:52 | 0:17 | 21:35 |
| 67= | 128 | Peter Iffland | Chippenham & District Wheelers | WEST | 27:37 | +4:30 | 23:07 | 1:31 | 21:36 |
| 67= | 16 | Adrian Mason | Bicester Millennium CC | LHC | 27:24 | +4:30 | 22:54 | 1:18 | 21:36 |
| 69 | 25 | Nicholas Coe | Verulam Really Moving | LHC | 28:30 | +4:27 | 24:03 | 2:24 | 21:39 |
| 70 | 29 | James Hunt | Oxonian CC | LHC | 26:32 | +4:24 | 22:08 | 0:26 | 21:42 |
| 71 | 38 | Simon Inman | OVB | N&EM | 26:51 | +4:14 | 22:37 | 0:45 | 21:52 |
| 72 | 15 | Simon Drewett | ZeroBC Race Team | LHC | 27:24 | +4:11 | 23:13 | 1:18 | 21:55 |
| 73 | 30 | Mark Thomas | Bigfoot CC | EA | 27:51 | +4:01 | 23:50 | 1:45 | 22:05 |
| 74 | 22 | Philip Strongman | Oxonian CC | LHC | 27:44 | +3:48 | 23:56 | 1:38 | 22:18 |
| 75 | 11 | Paul Valks | Lewes Wanderers CC | S/S | 31:22 | +3:33 | 27:49 | 5:16 | 22:33 |

| | | | | | | | | | |
|-----|-----|--------------------|--------------------------------|------|-------|-------|-------|------|-------|
| 76 | 17 | Paul Allday | ZeroBC Race Team | LHC | 26:51 | +3:07 | 23:44 | 0:45 | 22:59 |
| 77 | 41 | Alastair Kay | VeloVitesse/ALLCAP/James Barry | | 26:32 | +2:38 | 23:54 | 0:26 | 23:28 |
| 78 | 127 | Chris Summers | Sotonia CC | WESX | 29:30 | +2:33 | 26:57 | 3:24 | 23:33 |
| 79 | 18 | Christopher, Rosam | Epsom CC | S/S | 28:06 | +2:25 | 25:41 | 2:00 | 23:41 |
| 80 | 21 | Martin Wright | Eat Plants Not Pigs CC | MIDS | 26:32 | +2:20 | 24:12 | 0:26 | 23:46 |
| 81 | 7 | Chris Bean | Harp RC | LHC | 27:58 | +2:08 | 25:50 | 1:52 | 23:58 |
| 82 | 26 | Ian Radburn | Oxonian CC | LHC | 27:18 | +1:32 | 25:46 | 1:12 | 24:34 |
| 83 | 6 | Donald Barrell | Gregarios Superclub Ciclista | LHC | 28:49 | +1:20 | 27:29 | 2:43 | 24:46 |
| 84= | 5 | Andrew Vaughan | City RC (Hull) | YORK | 27:30 | +0:08 | 27:22 | 1:24 | 25:58 |
| 84= | 14 | Garret Fay | Icknield RC | LHC | 26:36 | +0:08 | 26:28 | 0:30 | 25:58 |
| 86 | 8 | Martin Whitty | ...a3crg | WESX | 27:12 | -1:12 | 28:00 | 1:06 | 26:54 |

WOMEN - Ranked by Age Adjusted Time (same order as BOS – Best On Standard)

| W Rank | Bib | Rider | Club | Group | Std | +/- | Actual Time | AA | AAT |
|--------|-----|-------------------------|------------------------------------|-------|-------|-------|-------------|------|-------|
| 1 | 48 | Linda Dewhurst | Team Milton Keynes | LHC | 31:06 | +7:45 | 23:21 | 5:00 | 18:21 |
| 2= | 51 | Lisa Davis | DRAG2ZERO | S/S | 29:12 | +6:50 | 22:22 | 3:06 | 19:16 |
| 2= | 52 | Claire Emons | ...a3crg | WESX | 29:48 | +6:50 | 22:58 | 3:42 | 19:16 |
| 4 | 45 | Gillian Reynolds | Willesden CC | LHC | 33:04 | +6:35 | 26:29 | 6:58 | 19:31 |
| 5 | 47 | Diana Egerton-Warburton | Team Enable - M.I. Racing - McCann | | 29:02 | +6:11 | 22:51 | 2:56 | 19:55 |
| 6 | 50 | Dena Ford | High Wycombe CC | LHC | 30:08 | +6:10 | 23:58 | 4:02 | 19:56 |
| 7 | 49 | Kirsty McSeveney | ...a3crg | WESX | 28:42 | +5:39 | 23:03 | 2:36 | 20:27 |
| 8 | 46 | Elaine Simpson | Nottingham Clarion CC | N&EM | 29:35 | +5:30 | 24:05 | 3:29 | 20:36 |
| 9 | 104 | Ann Shuttleworth | Cambridge CC | EA | 30:01 | +5:15 | 24:46 | 3:55 | 20:51 |
| 10 | 126 | Rachel Green | Cheltenham & County Cycling Club | WEST | 30:39 | +3:35 | 27:04 | 4:33 | 22:31 |
| 11 | 44 | Gillian Morgan | Westerley Cycling Club | LHC | 30:47 | +3:25 | 27:22 | 4:41 | 22:41 |
| 12 | 43 | Alexa Forbes | London Dynamo | LHC | 30:47 | +4:33 | 26:14 | 4:41 | 21:33 |

CLUB TEAMS - Ranked by Age Adjusted Time (same order as BOS – Best On Standard)

| Club Team Rank | Bib | Rider | Club | Std Time | Std +/- | Actual Time | AA | AAT |
|----------------|-----|-------------------------|----------------------------------|----------|---------------|-------------|------|----------------|
| 1 | 149 | Richard Oakes | Team Ohten Aveas | 27:12 | +9:00 | 18:12 | 1:06 | 17:06 |
| | 106 | Mike Twelves | Team Ohten Aveas | 27:44 | +8:08 | 19:36 | 1:38 | 17:58 |
| | 147 | Joel Stewart | Team Ohten Aveas | 26:47 | +7:47 | 18:54 | 0:35 | 18:19 |
| | | | | | +24:55 | | | 53:23 |
| 2 | 141 | Nick Dwyer | DRAG2ZERO | 27:44 | +7:21 | 20:23 | 1:38 | 18:45 |
| | 138 | Brett Davis | DRAG2ZERO | 26:51 | +7:11 | 19:40 | 0:45 | 18:55 |
| | 51 | Lisa Davis | DRAG2ZERO | 29:12 | +6:50 | 22:22 | 3:06 | 19:16 |
| | | | | | +21:22 | | | 56:56 |
| 3 | 93 | Simon Law | Team Enable-M.I. Racing - McCann | 27:37 | +7:05 | 20:32 | 1:31 | 19:01 |
| | 114 | Mark Wise | Team Enable-M.I. Racing – McCann | 27:37 | +6:42 | 20:55 | 1:31 | 19:24 |
| | 47 | Diana Egerton-Warburton | Team Enable-M.I. Racing - McCann | 29:02 | +6:11 | 22:51 | 2:56 | 19:55 |
| | | | | | +19:58 | | | 58:20 |
| 4 | 31 | Chris Dyason | Cambridge CC | 30:20 | +6:49 | 23:31 | 4:14 | 19:17 |
| | 115 | Adam Fisher | Cambridge CC | 26:06 | +6:00 | 20:06 | 0:00 | 20:06 |
| | 104 | Ann Suttleworth | Cambridge CC | 30:01 | +5:15 | 24:46 | 3:55 | 20:51 |
| | | | | | +18:04 | | | 1:00:14 |
| 5 | 60 | Kevin Wood | Sherwood CC | 27:58 | +6:32 | 21:26 | 1:52 | 19:34 |
| | 81 | Jez Williams | Sherwood CC | 27:30 | +6:19 | 21:11 | 1:24 | 19:47 |
| | 125 | Tim Braggs | Sherwood CC | 27:07 | +5:09 | 21:58 | 1:01 | 20:57 |
| | | | | | +18:00 | | | 1:00:18 |
| 6 | 113 | Grant Osborn | Bedfordshire Road RT | 28:06 | +6:18 | 21:48 | 2:00 | 19:48 |
| | 99 | Ian Woodcock | Bedfordshire Road RT | 26:46 | +5:53 | 20:53 | 0:40 | 20:13 |
| | 158 | Oswin Grady | Bedfordshire Road RT | 26:41 | +5:45 | 20:56 | 0:35 | 20:21 |
| | | | | | +17:56 | | | 1:00:22 |

| | | | | | | | | |
|----|-----|-------------------|--------------------|-------|---------------|-------|-------|----------------|
| 7 | 35 | Daniel Legg | North Hampshire RC | 27:01 | +5:57 | 21:04 | 0:55 | 20:09 |
| | 53 | Christian Geldard | North Hampshire RC | 26:41 | +5:32 | 21:09 | 0:35 | 20:34 |
| | 131 | Stu Carver | North Hampshire RC | 27:30 | +5:19 | 22:11 | 1:24 | 20:47 |
| | | | | | +16:48 | | | 1:01:30 |
| 8 | 133 | Graham Winstone | ZeroBC Race Team | 26:51 | +6:58 | 19:53 | 0:45 | 19:08 |
| | 91 | Mike Logue | ZeroBC Race Team | 27:24 | +5:19 | 22:05 | 01:18 | 20:47 |
| | 15 | Simon Drewett | ZeroBC Race Team | 27:24 | 4:11 | 23:13 | 1:18 | 21:55 |
| | | | | | +16:28 | | | 1:01:50 |
| 9 | 73 | Michael Bennett | Bicester Millenium | 27:12 | +5:15 | 21:57 | 1:06 | 20:51 |
| | 92 | Dave May | Bicester Millenium | 26:46 | +4:42 | 22:04 | 0:40 | 21:24 |
| | 16 | Adrian Mason | Bicester Millenium | 27:24 | +4:30 | 22:54 | 1:18 | 21:36 |
| | | | | | +14:27 | | | 1:03:51 |
| 10 | 52 | Claire Emons | ...a3crg | 29:48 | +6:50 | 22:58 | 3:42 | 19:16 |
| | 49 | Kirsy McSeveney | a3crg | 28:42 | +5:39 | 23:03 | 2:36 | 20:27 |
| | 8 | Martin Whitty | a3crg | 27:12 | -1:12 | 28:00 | 1:06 | 26:54 |
| | | | | | +11:17 | | | 1:06:37 |
| 11 | 29 | James Hunt | Oxonian CC | 26:32 | +4:24 | 22:08 | 0:26 | 21:42 |
| | 22 | Philip Strongman | Oxonian CC | 27:44 | +3:48 | 23:56 | 1:38 | 22:18 |
| | 26 | Ian Radburn | Oxonian CC | 27:18 | +1:32 | 25:46 | 1:12 | 24:34 |
| | | | | | +9:44 | | | 1:08:34 |

ALL RIDERS – Ranked by Actual Riding Time

| Rank | Bib | Name | Club | Grp | Time | AA | AAT |
|------|-----|--------------------|------------------------------------|------|-------|------|-------|
| 1 | 149 | Richard Oakes | Team Ohten Aveas | N&EM | 18:12 | 1:06 | 17:06 |
| 2 | 150 | George Fox | George Fox Cycling Solutions | | 18:41 | | |
| 3 | 147 | Joel Stewart | Team Ohten Aveas | LHC | 18:54 | 0:35 | 18:19 |
| 4 | 146 | James Richards | WardPerformanceUK.com | | 18:57 | | |
| 5 | 142 | Oliver Bridgewood | Bath Cycling Club | | 19:02 | | |
| 6 | 123 | Ken Buckley | BPC Race Team | | 19:12 | | |
| 7 | 139 | Dean Callister | Revolutions Racing | | 19:15 | | |
| 8 | 135 | Mark Greenwood | Lungs 2 Legs | | 19:22 | 0:35 | 18:47 |
| 9 | 98 | Dylan Sage | Evolution Racing Academy | | 19:23 | | |
| 10 | 57 | Patrick Elwood | Magdalene Boat Club CC | | 19:27 | | |
| 11 | 106 | Mike Twelves | Team Ohten Aveas | N&EM | 19:36 | 1:38 | 17:58 |
| 12 | 138 | Brett Davis | DRAG2ZERO | S/S | 19:40 | 0:45 | 18:55 |
| 13 | 124 | Robert West | Team Ohten Aveas | LHC | 19:41 | 0:35 | 19:06 |
| 14 | 140 | Jason Bateman | VTTA North Lancs and Lakes Group | NL&L | 19:41 | 0:50 | 18:51 |
| 15 | 89 | Theo Anderson | Chippenham & District Wheelers | | 19:42 | | |
| 16 | 83 | Myles Davidson | Bigfoot CC | LHC | 19:45 | 0:50 | 18:55 |
| 17 | 134 | Tim Hood | Team Bottrill | MIDS | 19:52 | 2:00 | 17:52 |
| 18 | 111 | Edd Charlton-Weedy | Army Cycling | | 19:53 | | |
| 19 | 122 | Simon Adcook | Team Echelon | MIDS | 19:53 | 0:35 | 19:18 |
| 20 | 133 | Graham Winstone | ZeroBC Race Team | LHC | 19:53 | 0:45 | 19:08 |
| 21 | 143 | Joshua Clark | Royal Navy & Royal Marines CA | | 19:56 | | |
| 22 | 75 | David Glossy | Elysium Kalas Race Team | LHC | 20:01 | 0:45 | 19:16 |
| 23 | 68 | Alex Coles | Evolution Racing Academy | | 20:02 | | |
| 24 | 94 | Richard Peel | ADDFORM Vive Le Velo | | 20:05 | | |
| 25 | 115 | Adam Fisher | Cambridge CC | EA | 20:06 | 0:00 | 20:06 |
| 26 | 119 | Alex Purcell | CC Sudbury | | 20:09 | | |
| 27 | 101 | Richard Gifford | trainSharp | LHC | 20:10 | 1:45 | 18:25 |
| 28 | 136 | Matt Steel | Pronto Bikes | EA | 20:10 | 0:30 | 19:40 |
| 29 | 90 | Richard Llewellyn | Imperial Racing Team | WESX | 20:12 | 0:40 | 19:32 |
| 30 | 70 | George Wallace | Magdalene Boat Club CC | | 20:17 | | |
| 31 | 108 | Matthew Reader | Verulam CC | LHC | 20:22 | 1:01 | 19:21 |
| 32 | 141 | Nick Dwyer | DRAG2ZERO | S/S | 20:23 | 1:38 | 18:45 |
| 33 | 97 | Alfie Salmon | Hart Performance Coaching | | 20:24 | | |
| 34 | 78 | Andrew Martin | High Wycombe CC | | 20:24 | | |
| 35 | 95 | Martin Fisher | Melton Olympic CC | N&EM | 20:30 | 0:13 | 20:17 |
| 36 | 93 | Simon Law | Team Enable - M.I. Racing - McCann | MIDS | 20:32 | 1:31 | 19:01 |
| 37 | 67 | Steven Cottingham | Bath Cycling Club | WEST | 20:32 | 1:52 | 18:40 |
| 38 | 79 | Tim Radley | Gloucester City Cycling Club | WEST | 20:34 | 0:40 | 19:54 |

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|----|-----|------------------------|-------------------------------------|------|-------|------|-------|
| 39 | 118 | Jonathan Mills-Keeling | Bridgnorth Cycling Club | MERS | 20:34 | 0:45 | 19:49 |
| 40 | 120 | Peter Younghusband | Petersfield Triathlon Club | WESX | 20:35 | 1:31 | 19:04 |
| 41 | 105 | Eddie Humphreys | Nottingham Clarion CC | N&EM | 20:39 | 1:38 | 19:01 |
| 42 | 4 | Colin McDermott | Festival Road Club | S/S | 20:39 | 1:12 | 19:27 |
| 43 | 109 | Ian Short | Team Salesengine.co.uk | EA | 20:42 | 0:40 | 20:02 |
| 44 | 56 | Larry Wiltshire | Chichester City Riders | LHC | 20:43 | 0:40 | 20:03 |
| 45 | 34 | Tim Butler | Gloucester City Cycling Club | WEST | 20:43 | 0:35 | 20:08 |
| 46 | 82 | Simon Hall | Stourbridge CC | | 20:47 | 0:13 | 20:34 |
| 47 | 121 | Matt Donovan | Bedfordshire Road RT | EA | 20:48 | 0:00 | 20:48 |
| 48 | 72 | James Wooldridge | Team Milton Keynes | LHC | 20:52 | 0:13 | 20:39 |
| 49 | 99 | Ian Woodcock | Bedfordshire Road RT | LHC | 20:53 | 0:40 | 20:13 |
| 50 | 69 | Gary Paddon | Swindon Wheelers | | 20:54 | | |
| 51 | 114 | Mark Wise | Team Enable - M.I. Racing - McCann | MIDS | 20:55 | 1:31 | 19:24 |
| 52 | 158 | Oswin Grady | Bedfordshire Road RT | | 20:56 | 0:35 | 20:21 |
| 53 | 35 | Daniel Legg | North Hampshire RC | LHC | 21:04 | 0:55 | 20:09 |
| 54 | 77 | Rikky Hughes | Droitwich Cycling Club | | 21:05 | | |
| 55 | 53 | Christian Geldard | North Hampshire RC | WESX | 21:09 | 0:35 | 20:34 |
| 56 | 81 | Jez Willows | Sherwood CC | N&EM | 21:11 | 1:24 | 19:47 |
| 57 | 110 | Peter Shaw | Bedfordshire Road RT | | 21:13 | | |
| 58 | 60 | Kevin Wood | Sherwood CC | N&EM | 21:26 | 1:52 | 19:34 |
| 59 | 102 | Peter Cottington | Bath Cycling Club | LHC | 21:31 | 1:52 | 19:39 |
| 60 | 76 | Chris Newman | Farnham RC | | 21:32 | | |
| 61 | 33 | Robbie Disney | Ludlow CC | | 21:33 | | |
| 62 | 66 | Ragnar Laan | Twickenham CC | LHC | 21:35 | 0:21 | 21:14 |
| 63 | 86 | Chris Ford | High Wycombe CC | LHC | 21:46 | 1:45 | 20:01 |
| 64 | 1 | Issy Zimmerman | Regents Park Rouleurs | LHC | 21:46 | 1:18 | 20:28 |
| 65 | 62 | Ashley Steventon | Royal Air Force Cycling Association | | 21:48 | | |
| 66 | 113 | Grant Orsborn | Bedfordshire Road RT | EA | 21:48 | 2:00 | 19:48 |
| 67 | 130 | Martin Lines | Team Echelon | MIDS | 21:49 | 1:06 | 20:43 |
| 68 | 39 | Louis Tate-Harris | Bedfordshire Road CC | | 21:50 | | |
| 69 | 65 | James Harris | Catford CC Ltd | | 21:52 | 0:17 | 21:35 |
| 70 | 87 | Paul Newman | Shorter Rochford RT | LHC | 21:54 | 0:55 | 20:59 |
| 71 | 55 | John Lacey | Hemel Hempstead CC | LHC | 21:54 | 1:38 | 20:16 |
| 72 | 24 | Martin O'Sullivan | Teddington and Turing Velo | LHC | 21:54 | 0:35 | 21:19 |
| 73 | 73 | Michael Bennett | Bicester Millennium CC | LHC | 21:57 | 1:06 | 20:51 |
| 74 | 125 | Tim Baggs | Sherwood CC | N&EM | 21:58 | 1:01 | 20:57 |
| 75 | 129 | David Prom | San Fairy Ann CC | KENT | 22:01 | 1:01 | 21:0 |
| 76 | 58 | Mark Halliday | North Bucks RC | LHC | 22:02 | 1:38 | 20:24 |
| 77 | 92 | Dave May | Bicester Millennium CC | LHC | 22:04 | 0:40 | 21:24 |
| 78 | 91 | Mike Logue | ZeroBC Race Team | LHC | 22:05 | 1:18 | 20:47 |
| 79 | 29 | James Hunt | Oxonian CC | LHC | 22:08 | 0:26 | 21:42 |
| 80 | 131 | Stu Carver | North Hampshire RC | WESX | 22:11 | 1:24 | 20:47 |
| 81 | 32 | Tom Cosgrove | VTTA (London & Home Counties) | LHC | 22:12 | 1:18 | 20:54 |

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|-----|-----|-------------------------|------------------------------------|------|-------|------|-------|
| 82 | 159 | William Coles | VMCC powered by Y Beic | | 22:20 | | |
| 83 | 85 | Antony Bee | Wigmore CC | KENT | 22:20 | 1:38 | 20:42 |
| 84 | 51 | Lisa Davis | DRAG2ZERO | S/S | 22:22 | 3:06 | 19:16 |
| 85 | 64 | Hans Nilsson | London Phoenix CC | LHC | 22:24 | 2:43 | 19:41 |
| 86 | 38 | Simon Inman | OVB | N&EM | 22:37 | 0:45 | 21:52 |
| 87 | 47 | Diana Egerton-Warburton | Team Enable - M.I. Racing - McCann | | 22:51 | 2:56 | 19:55 |
| 88 | 16 | Adrian Mason | Bicester Millennium CC | LHC | 22:54 | 1:18 | 21:36 |
| 89 | 52 | Claire Emons | ...a3crg | WESX | 22:58 | 3:42 | 19:16 |
| 90 | 42 | Simon Bowler | Berkhamsted Cycling Club | LHC | 22:59 | 1:45 | 21:14 |
| 91 | 49 | Kirsty McSeveney | ...a3crg | WESX | 23:03 | 2:36 | 20:27 |
| 92 | 128 | Peter Iffland | Chippenham & District Wheelers | WEST | 23:07 | 1:31 | 21:36 |
| 93 | 15 | Simon Drewett | ZeroBC Race Team | LHC | 23:13 | 1:18 | 21:55 |
| 94 | 48 | Linda Dewhurst | Team Milton Keynes | LHC | 23:21 | 5:00 | 18:21 |
| 95 | 28 | Mick Stevens | Melton Olympic CC | N&EM | 23:28 | 3:48 | 19:40 |
| 96 | 31 | Chris Dyason | Cambridge CC | EA | 23:31 | 4:14 | 19:17 |
| 97 | 19 | Kevin Humphreys | Sherwood CC | N&EM | 23:32 | 2:07 | 21:25 |
| 98 | 157 | David Hodsman | Dulwich Paragon CC | | 23:36 | | |
| 99 | 17 | Paul Allday | ZeroBC Race Team | LHC | 23:44 | 0:45 | 22:59 |
| 100 | 30 | Mark Thomas | Bigfoot CC | EA | 23:50 | 1:45 | 22:05 |
| 101 | 41 | Alastair Kay | VeloVitesse/ALLCAP/James Barry | | 23:54 | 0:26 | 23:28 |
| 102 | 22 | Philip Strongman | Oxonian CC | LHC | 23:56 | 1:38 | 22:18 |
| 103 | 50 | Dena Ford | High Wycombe CC | LHC | 23:58 | 4:02 | 19:56 |
| 104 | 25 | Nicholas Coe | Verulam Really Moving | LHC | 24:03 | 2:24 | 21:39 |
| 105 | 36 | Roger Porter | Verulam CC | LHC | 24:04 | 4:29 | 19:35 |
| 106 | 46 | Elaine Simpson | Nottingham Clarion CC | N&EM | 24:05 | 3:29 | 20:36 |
| 107 | 21 | Martin Wright | Eat Plants Not Pigs CC | MIDS | 24:12 | 0:26 | 23:46 |
| 108 | 23 | Cliff Voller | VTTA West Group | WEST | 24:16 | 3:36 | 20:40 |
| 109 | 104 | Ann Shuttleworth | Cambridge CC | EA | 24:46 | 3:55 | 20:51 |
| 110 | 27 | Mark Vowells (Tricycle) | San Fairy Ann CC | KENT | 24:46 | 5:26 | 19:20 |
| 111 | 18 | Christopher, Rosam | Epsom CC | S/S | 25:41 | 2:00 | 23:41 |
| 112 | 26 | Ian Radburn | Oxonian CC | LHC | 25:46 | 1:12 | 24:34 |
| 113 | 7 | Chris Bean | Harp RC | LHC | 25:50 | 1:52 | 23:58 |
| 114 | 43 | Alexa Forbes | London Dynamo | LHC | 26:14 | 4:41 | 21:33 |
| 115 | 14 | Garret Fay | Icknield RC | LHC | 26:28 | 0:30 | 25:58 |
| 116 | 45 | Gillian Reynolds | Willesden CC | LHC | 26:29 | 6:58 | 19:31 |
| 117 | 127 | Chris Summers | Sotonia CC | WESX | 26:57 | 3:24 | 23:33 |
| 118 | 126 | Rachel Green | Cheltenham & County Cycling Club | WEST | 27:04 | 4:33 | 22:31 |
| 119 | 44 | Gillian Morgan | Westerley Cycling Club | LHC | 27:22 | 4:41 | 22:41 |
| 120 | 5 | Andrew Vaughan | City RC (Hull) | YORK | 27:22 | 1:24 | 25:58 |
| 121 | 6 | Donald Barrell | Gregarios Superclub Ciclista | LHC | 27:29 | 2:43 | 24:46 |
| 122 | 11 | Paul Valks | Lewes Wanderers CC | S/S | 27:49 | 5:16 | 22:33 |
| 123 | 8 | Martin Whitty | ...a3crg | WESX | 28:00 | 1:06 | 26:54 |

The Did Nots..

| | Bib | Name | Club | Grp |
|--------|------------|-----------------------|------------------------------|------------|
| DNS(A) | 2 | Simon Davis | VTTA (Midlands) | MIDS |
| DNS(A) | 3 | Colin Harrison | East Grinstead CC | EA |
| DNS(A) | 9 | David Hanson | Oxonian CC | LHC |
| DNS | 10 | Keith Richardson | Icknield RC | LHC |
| DNS(A) | 12 | Mike Kirby | Banbury Star Cyclists' Club | LHC |
| DNS(A) | 13 | Jeff King | Oxonian CC | LHC |
| DNS(A) | 20 | Alastair Merrill | VC 10 | LHC |
| DNF | 37 | Daryl Stroud | Gloucester City Cycling Club | WEST |
| DNS(A) | 40 | David Butt | CC Weymouth | WESX |
| DNS | 54 | Alan Allcock | Didcot Phoenix CC | LHC |
| DNS(A) | 59 | Peter Main | 34 Nomads CC | EA |
| DNS | 61 | Matthew Clements | Lee Valley Youth CC | |
| DNS(A) | 63 | Oliver Tregear | Evolution Racing Academy | |
| DNS | 71 | Luca Morrone | Onyx RT | |
| DNF | 74 | Martin Stanley | Droitwich Cycling Club | MIDS |
| DNF | 80 | Rob Muzio | Team Ohten Aveas | N&EM |
| DNS(A) | 84 | Jim Moffatt | CC Luton | LHC |
| DNF | 88 | Paul Morris | Fareham Wheelers CC | |
| DNS | 96 | Michael Parker | TMG Horizon Cycling Team | LHC |
| DNS(A) | 100 | Mark Woolford | ZeroBC Race Team | EA |
| DNS(A) | 103 | Andrew J Parnowski | City Cycle Couriers RT | WEST |
| DNS(A) | 107 | Mark Arnold | VTTA (East Anglia Group) | EA |
| DNS | 112 | Angus Stoneham | Beaconsfield Cycling Club | |
| DNS(A) | 116 | Ady Dench | Team Sheffield | NMID |
| DNS | 117 | Jeremy Redford | Army Cycling | WEST |
| DNS(A) | 132 | Dominic Righini-Brand | Sleaford Wheelers CC | |
| DNS(A) | 137 | Gaz Poulson | Royal Air Force CA | N&EM |
| DNS(A) | 144 | Alastair Luxford | Full Gas Racing Team | LHC |
| DNS(A) | 145 | Mark Jones | DRAG2ZERO | EA |
| DNS(A) | 148 | Alexander Royle | Manchester Bicycle Club | |
| DNF | 160 | Otto Allison | Charlotteville Cycling Club | |



London & Home Counties – Don Byham Memorial Trophy



Don Byham was a much-liked stalwart of the London & Home Counties Group. In the days long ago when teams were restricted to two due to shortage of riders, Don was so often one of the team members but never an event winner—bridesmaid but never the bride.

Don died just a few days before his retirement, just as he was anticipating that more time to train could mean that he would become a winner.

The Don Byham Memorial Trophy was presented by fellow member Terry Swift and first won in 1985 by John Webb (VC Slough). It is awarded to the second best on standard member of the London & Home Counties. The trophy is presented at the LH&C Annual Luncheon and Prize Presentation.

2023 winner: Linda Dewhurst – Team Milton Keynes – London & Home Counties